

**Sonder Insights** 

# Winning the war for talent

Why employee health, safety and wellbeing is an essential part of your Employee Value Proposition (EVP)

#### Nearly three-quarters of employees believe now is a good time to look for a new role. But while employees see wellbeing as a high priority when choosing their next role, many businesses are failing to meet the expectations of top talent.

Research from <u>Deloitte UK</u> reveals that more than half (52%) of UK workers don't feel their current employer isn't doing enough to support their health and wellbeing. Meanwhile <u>research from CIPD</u> shows that just half (51%) of UK employers surveyed have a strategic approach to employee wellbeing.

With challenge comes opportunity. By doubling down on your wellbeing strategy, your company has huge potential to differentiate its Employee Value Proposition (EVP) and position itself as an employer of choice.

With new data Culture Amp<sup>†</sup>, plus insights from People and Culture and Employer Branding Leaders, this guide shares how building wellbeing into your EVP can help your organisation succeed in the war for talent. Discover practical strategies for evolving your EVP and tips on how to bring employee health, wellbeing and safety into the spotlight.

<sup>†</sup> Culture Amp data: Collected from over 1,700 companies in 2023, representing up to 57,000 employees globally spanning industry and company size. In order to calculate company-wide favorability, some minimum thresholds were set. Companies with less than 10 employees, less than 10 employee responses on the wellbeing survey, and data from questions with less than 20 companies asking the respective question were excluded. Because companies ask employees about different things in surveys, the number of responses we analysed varies per question. However, all meet the thresholds for inclusion mentioned above.



#### With special thanks to

#### our contributors



#### **Agata Furman**

Talent Acquisition Engagement & Marketing Manager, Bupa

Agata has more than 10 years' experience in blending the lines between Talent Acquisition and Marketing. At companies like Australia Post, Deloitte and now Bupa, Agata has found creative ways to bring the best talent into organisations.



#### **Mark Puncher**

CEO, Employer Branding Australia

Using his experience from a career in employer branding and marcomms operations across the UK and Australia, Mark founded Employer Branding Australia in early 2018, determined to bring a fresh approach to employer branding.



#### **Heather Walker**

Senior Data Journalist, Culture Amp

Heather translates disparate insights from Culture Amp's data lake of over 1.3 billion data points into stories that matter to HR professionals. With a background in wellbeing and culture, Heather takes a systemic approach to wellbeing at work.



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Head Of Wellbeing & DEI Advocate, Hays UK&I

Through her 23 year career at recruitment company Hays, Hannah has formed a deep understanding of the priorities of both businesses and job seekers. Hannah now leads the design and delivery of a holistic wellbeing strategy for Hays LIK&I



#### **Steve Grace**

CEO & Founder, The Nudge Group

Steve founded The Nudge Group to better serve the needs of startup and scale-up founders and help them build talented teams. Over the past five years they've placed more than 500 candidates and supported over 400 startups.



#### **Kate Ludwig**

Head of People & Culture, Story House Early Learning

An experienced leader with a deep understanding of talent acquisition and employer brand, Kate provides strategic guidance and leadership in all people and culture matters at Story House Early Learning.



#### **Ben Cividin**

People Manager, Charter Hall

An innovative HR leader, Ben has diverse experience in recruitment, remuneration and benefits across both start-up and established businesses. He is currently People Manager at property investment management company Charter Hall.



#### **Contents**

The growing war for talent	4
Research reveals <u>nearly one-third (28%) of UK workers</u> are seeking greater workplace health and wellbeing support from their employer, and many aren't afraid to look for better support elsewhere.	
The business case for prioritising your EVP	11
According to <u>Gartner</u> , organisations that effectively deliver on their EVP can decrease annual employee turnover by 69%.	
Strategies to strengthen your EVP	17
Why listening to your employees, empowering your leaders and making wellbeing a key priority will strengthen your EVP.	
How Sonder can help	26
Discover how Sonder's preventative care platform is enabling UK businesses to become employers of choice.	



**Section 1** 

## The growing war for talent

#### What is the war for talent?

While McKinsey first coined the phrase back in 1997, the war for talent is more relevant today than ever.

The war for talent captures the challenges faced by businesses in attracting and retaining employees in a highly competitive job market. With high job vacancies and low numbers of skilled applicants, it's harder than ever to fill vacant roles and keep your best talent from looking for work elsewhere.

Over

**79%** 

of global CEOs are 'extremely' or 'somewhat' concerned about hiring candidates with the right skills. Source: PwC Talent Trends Report.



The main factors driving the war for talent include:

- Talent shortage: A lack of skilled candidates applying for open roles, or employers struggling to get applicants to apply at all.
- Increased competition: With the rise of remote work arrangements and the gig economy, employees are more selective and have more choice than ever before.
- Retention challenges: Employees know they have the upper hand and are more discerning when it comes to salary packages to employee benefits and wellbeing support.



In 2024, for junior roles, we're seeing very few candidates. 5-25 people applying. This is driven by a belief in startups, side hustles, content creation culture and working multiple part time roles that fit into their life.



**Steve Grace**CEO & Founder, The Nudge Group

There are quite a few challenges we all face these days, including limited budgets, increased demands, and the need to keep doing more with less. Everybody is hiring and there's constant pressure on TA teams to deliver results and find quality candidates.



**Agata Furman**Talent Acquisition Engagement & Marketing Manager, Bupa



## The state of play for attracting and retaining the best talent

In the UK, the war for talent is on. According to the British Chambers of Commerce,

**73%** 

of the 5,000 UK companies surveyed faced hiring difficulties in 2023.

Not only are there almost a million job vacancies across the economy, but UK employers are struggling to find skilled employees.

But businesses aren't just struggling to attract staff. Recent surveys have shown that

51%

of UK HR decision-makers believe employee retention is their top worry for 2024, with

46%

worried their company is struggling to meet employee expectations around wages, work-life balance and wellbeing support.

It's not surprising that nearly one in four UK workers (23%) were expected to change jobs in 2024 according to <a href="PwC's Workforce Hopes and Fears survey">PwC's Workforce Hopes and Fears survey</a>—up from 18% the previous year.

#### So, what do employees want?

Work-life balance and wellbeing are emerging as the biggest workplace trends.

Insights from <u>Gartner's 2024 Future of Work Report</u> reveal that 63% of candidates rate a 'four-day work week' as the top factor that would attract them to a new job.

It's all part of a broader shift to reimagining the employee experience and centring it around health, safety and wellbeing. Think flexible work arrangements, on-demand health and safety support, and tools to empower managers to lead thriving engaged teams.

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What really changed the game was COVID. This was transformational for employee wellbeing. Employers stepped up to take care of their employees in a way they never had done before, and lockdown forced all organisations to WFH. This created a boundaryless world, we couldn't unsee what we saw - as people juggled work and life simultaneously. Employees now had an expectation that employers cared and that there is no such thing as work/life balance - just life!

We've now moved to an era of workplace wellbeing as an imperative ingredient to enable individuals and organisations to achieve and sustain high performance. Not only should work do no harm to an employee's health and wellbeing but if organisations get it right it could actually nurture it!



Hannah Pearsall Head of Wellbeing, DEI Advocate, Hays UK&I

#### What is causing employee turnover?

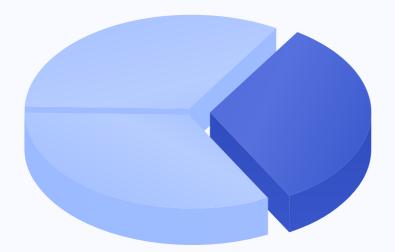
Staff retention is a major challenge for employers in the war for talent.

If employees don't feel valued, supported, or challenged in their current role, many will have no problems re-entering the job market and looking for employment elsewhere.

As a people leader, the first step to addressing employee turnover is understanding what causes poor employee retention rates.



Cause 1: Not satisfied with the current wellbeing support on offer



Research reveals that

### nearly one-third (28%) of UK workers

are seeking greater workplace health and wellbeing support from their employer.

The same research found that flexibility and remote working were ranked by workers as some of the most important factors when searching for a new role.

Plus, this study found that employees expect their employer to offer dedicated mental health and wellbeing support.

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Despite employers' best efforts, employees don't know what's available or how to access it, workloads are higher than ever, and employees often miss emails or communications which might launch a new form of wellbeing support.



Hannah Pearsall
Head of Wellbeing, DEI Advocate, Hays UK&I

This lack of support (or even a perceived lack of support) poses a turnover risk to employers. The less satisfied staff feel with the support they receive, the more likely they'll be to look for an employer who prioritises their health and wellbeing.

Increasingly, talent will move on from organisations if they don't feel like the whole of the offering is aligned to what they want. We've got a reasonably young workforce. Our emerging workforce is that 35 and under cohort, and increasingly that cohort really wants to understand: 'Does the organisation I'm joining have my best interests at heart? Not only are they going to give me the creative stuff, but are they actually going to create an environment where I can thrive and do my best work?



**Ben Cividin**People Manager, Charter Hall



The growing war for talent

#### Cause 2: Exhaustion and burnout are left unaddressed at work

Employees in the UK are facing high levels of burnout, according to the Microsoft Work Trend Index.



Other research backs this up, with <u>Mental Health UK's Burnout Report</u> finding over a third of UK adults experienced high or extreme levels of stress in the past 12 months. Plus, 20% of UK workers have needed to take time off work due to poor mental health and high stress levels.

Without the right preventative care measures in place, employees fail to thrive. Burnout can go unaddressed among your team and lead to presenteeism, absenteeism, a drop in productivity, and, ultimately, employee turnover.

The growing war for talent



#### Cause 3: Better job options and support elsewhere

With a workforce crying out for an investment in employee wellbeing, the businesses that come out on top are those that put the needs of staff first.

For skilled, experienced employees, there's more choice in the job market than ever before. Gone are the days when staff would accept poor working conditions, unmanageable workloads, and lack of support.

In 2024,

of UK staff are looking for a new job.

The most attractive employers to job seekers are those prioritising wellbeing programs as part of their broader employee value proposition (EVP), responding to the needs of modern workers.



**Section 2** 

## The business case for prioritising your EVP

## What is an Employee Value Proposition (EVP)?

Think about all the perks and benefits your company offers to employees. Perhaps you run a weekly yoga class, allow your employees flexible work arrangements and provide a free healthy brekkie every week. These rewards and benefits form part of your company's Employee Value Proposition.



A clear Employee Value Proposition is vital – giving applicants an insight into what it's like to work for your organisation and the unique experience that you offer to staff. It's not dissimilar to a shop window in that you want to attract potential talent to buy into your organisation and what they could achieve there.

Your EVP should reflect your company's culture and values and be showcased at all the touchpoints an applicant has with your organisation during the hiring process, such as your website, job adverts and social media.



Hannah Pearsall
Head of Wellbeing, DEI Advocate, Hays UK&I



### Employee Value Propisition (EVP) - What's in it for me?



#### Compensation

Salary satisfaction

Compensation system

satisfaction

Raises and promotions

**Timeliness** 

**Fairness** 

**Evaluation system** 



#### **Benefits**

Time off

Holidays

Insurance

Retirement

Education

Flexibility

**Family** 



#### Career

Ability and chance to progress & develop

Stability

Training & education at work

Career development

Consultation

Evaluation & feedback



#### **Work Environment**

Recognition

Autonomy

Personal achievements

Work-life balance

Challenges

Understanding of one's role & responsibility



#### **Culture**

Understanding of firm's goals & plans

Colleagues

Leaders & managers

Support

Collaboration & team spirit

Social responsibility

Trust

#### The benefits of a strong EVP

A clear, compelling EVP demonstrates that your company cares deeply about your employee experience and has tangible programs in place to help your team thrive at work.

Studies from researchers at <u>Johns Hopkins University</u> found that building a "culture of health" in companies has a range of positive effects, both on individual employee health and on overall business performance.



We know that candidates often look beyond salary and benefits, and it is a real opportunity. They look for ways in which their next career move and next employer align with their values, career goals, and personal interests. EVP is an extremely useful tool (or even a tactic) that doesn't have to cost a lot and can have significant impacts on the business when it comes to attracting and retaining talent.



**Agata Furman**Talent Acquisition Engagement & Marketing Manager, Bupa

A strong EVP is super important, particularly for the younger demographic and especially since COVID. It not only influences their decision to work for someone, but their attitude to even entertain, or apply for, a role.



**Steve Grace**CEO & Founder, The Nudge Group



The best EVPs go beyond industry norms and box-ticking benefits. Instead, strong EVPs are deeply ingrained in your company culture and cover all aspects of the employee experience.

When implemented effectively, companies stand to gain a range of benefits from a strong EVP, including:

- Lower turnover: According to <u>Gartner</u>, organisations that effectively deliver on their EVP can decrease annual employee turnover by 69%.
- Improved ROI: We know that for every dollar a business spends on mental health programs, businesses expect anywhere from \$1 and \$4 in return, according to the <u>Australian Government's Productivity Commission</u>.
- **Streamlined recruitment:** A strong EVP is your ticket to becoming an employer of choice, backed by a compelling value proposition that helps you attract and secure the best candidates.





A really great EVP, when done properly, and communicated well internally, will help reinforce to the people that work for you why they should stick around. If you're reminding people why it is worth their commitment, it'll help with retention and keep people engaged and performing.



Mark Puncher
CEO, Employer Branding Australia

#### The risks of not investing in your EVP

In a competitive job market, relying on competitive salary packages alone is rarely sustainable and falls short of meeting the expectations of today's top talent.

Without a strong EVP, organisations risk being left behind and face significant challenges when it comes to attracting and retaining employees, too.



#### Risk 1: High employee turnover and low retention rates

Nearly one in four UK workers (23%) are expected to change jobs within the next 12 months, according to PwC's Workforce Hopes and Fears survey—up from 18% the previous year.

But, a paradox exists when it comes to investing in EVPs. While <u>96% of CEOs</u> say they're doing enough for workforce wellbeing, only 69% of employees agree.

Many employers mistakenly believe that rolling out a successful EVP requires a significant investment of time, energy and money.

In reality, prioritising what employees want doesn't have to be costly or complicated. Instead, it's about offering resources, tools and benefits that employees can access 24/7 to prevent health and wellbeing challenges before they arise.

By actively preventing things like burnout, sleep problems and unmanageable stress levels, employees will feel supported and empowered to deliver their best work and stick around for the long term, too.



When employees are less stressed and feel more positive toward their work, they're more likely to stay at the company, recommend others should work there and be more motivated in their own work. So there's a big opportunity to retain that talent and build higher-performing teams, too.



**Heather Walker**Senior Data Journalist, Culture Amp





#### Risk 2: Increased recruitment cost

Employee turnover is costly-and these costs are on the rise.

Current estimates show that UK employers are paying around £62,890 in the first year of employment for a new staff member (on an average UK salary of £27,600).

Other research shows that the cost of replacing an employee in the UK is £25,000 per worker.

Without a strong EVP, the chance of employee turnover increases, and the likelihood of securing new high-quality candidates decreases. It's a double-edged sword: bringing in new employees is more expensive than retaining existing staff and becomes more difficult without a compelling EVP, too.



#### Risk 3: Low morale and drop in productivity

A strong EVP makes employees excited to come to work each day. However, not investing in an EVP can lead to a work environment that's tedious, uninspiring and unengaging.

The less engaged employees are, the more likely they are to cause a dip in productivity levels. Research shows that disengaged employees are more likely to display absenteeism and presenteeism and even foster a negative work environment that can impact your wider team.

If your organisation fails to develop a strong EVP, this has flow-on effects beyond the health and happiness of individual team members. In fact, it can have a meaningful impact on your bottom line.



As the cost of living rises, younger employees are seeking better benefits. Nearly 70% of people aged 18 to 34 would change companies for better benefits.... Offering comprehensive healthcare and wellness benefits can elevate EVP. In turn, that boosts your company in the eyes of both your current staff and prospective talent.



The HR Director



**Section 3** 

## Strategies to strengthen your EVP

The consensus is clear: companies that prioritise their EVP are best placed to reduce staff turnover, lower recruitment costs, and increase organisational productivity.

Here are **four practical strategies** you can use to stay one step ahead of the competition.



#### Listen to the needs of your people

Your employees are more likely to engage with your company's benefits if they've had a voice in deciding what your program looks like.

Whether you're building your EVP from scratch or iterating on your existing offering, gaining feedback from your team helps to build buy-in to your EVP and boost the chance of uptake.

Ac	ction plan
	Run anonymous surveys to gain feedback
	Seek honest feedback on what is and isn't working in your current EVP, and what employees want to see from your company moving forward.
	Consider what other organisations are doing
	Take a look outside of your business to see what other companies are offering to attract and retain employees.
	Bring your team on the journey
	Use team-wide polls, focus groups and collaborative brainstorming sessions to give your employees a meaningful voice in the perks, benefits and offerings you develop.





## Empower leaders to support thriving teams

#### C Culture Amp

Data from Culture Amp suggests that good leadership plays a key role in helping employees feel less stressed.

Companies scoring in the top

25%

for 'I rarely feel overstressed by my work' have leaders rated 14% higher for keeping employees informed<sup>†</sup>.

But here's the catch, only:

**50%** 

of managers\* agree their employer has provided sufficient support and training to effectively support their team's wellbeing. When developing your EVP, ensure that you consider how to better support your leaders and managers to foster engaged teams.

#### **Action plan**

Ensure managers' own health and wellbeing needs are met

Support your leaders with ondemand resources, time-sensitive support and proactively wellbeing tools.

Arm managers with the right resources for their team

Managers shouldn't be forced to play the role of a psychologist for your team. Instead, they should be able to refer their direct reports to tailored resources and support services from trained professionals.

Offer tailored training and professional development resources

Ongoing training can help managers to develop their leadership skills as well as softer skills, such as how to navigate conflict and effectively communicate.

Keep Reading: <u>Discover how managers are coping with employee burnout</u> and what you can do to better support your people leaders.





#### Make wellbeing a key focus area

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Today's work environment is not only fast-paced but also highly competitive, and sadly the stress-inducing pressures also extend to non-work related aspects of life (cost-of-living crisis, high mortgage rates). Job-seekers often face the challenge of managing work-life balance and are interested in knowing what their future employer offers in that aspect



**Agata Furman**Talent Acquisition Engagement & Marketing Manager, Bupa

More than half of us are stressed at work, and it's not a situation that's improving.

In 2023, only 47% of employees globally agreed that they rarely feel overstressed at work, according to research from Culture Amp<sup>†</sup>. Stress levels among employees in APAC have stayed steady at 47% from 2023 to 2024.

Despite this prevalent stress, employees don't believe that support from their employer is increasing. In fact, fewer employees think it's a priority for their business and manager. The same research from Culture Amp found a global 3% drop in employees agreeing with the statement, "I believe employee wellbeing is a priority at my company" (76% to 73% from Jan 2023 to Jan2024)†.

#### C Culture Amp

This Culture Amp data suggests that the less stressed employees are, the happier and more productive they are at work - and the more likely they'll be to stay in their role and even recommend their employer to others.





We don't see people wanting a wellbeing program that is defined by someone else that could never meet everyone's needs. They want the freedom to be able to create their own wellbeing program that changes constantly as their life does.

I see people being fed up being told what to do by their employer. Employees want to have more control over themselves. These programs need to be about empowerment, less about a bunch of discounted offers and services.



**Steve Grace**CEO & Founder, The Nudge Group



Employees need to feel supported across the board. Particularly when it comes to receiving timely access to healthcare, medical treatment and even real-time safety support.



A wellbeing investment is an investment in your employee's performance. When you provide great wellbeing support and programmes for your people, they're going to be more likely to be able to perform for you. It's a driver of sustained performance.

But it is also a real manifestation of, 'we are an employer that cares about you'.

Particularly in times like this, with the cost of living so high, many people are struggling. The more employers can do to support their people to help them with their overall balance, wellbeing, mental health and physical health, the more they're able to demonstrate their commitment in helping their employees out.



Mark Puncher
CEO, Employer Branding Australia

#### **Action plan**

- By offering proactive wellbeing resources to your team, you can help your people build healthy daily habits and make wellbeing a priority to actively mitigate against stress and burnout.
- Address employee health, safety and wellbeing holistically

  Rather than only offering mental health support, ensure your offering approaches care holistically across the pillars of employee health, safety and wellbeing.
- Ensure wellbeing programs are easily accessible

  Look for tools that can offer real-

time support to your team (even outside of office hours), with the right blend of tech and hands-on human support.

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Organisations increasingly recognise that providing a wellbeing offering is crucial for supporting employees' wellbeing and job satisfaction. Wellbeing offerings promote work-life balance, improve employee satisfaction, and foster a positive work environment because a healthier and happier employee can be their best self at work and at home.

Those programs often extend far beyond mental or physical support (it's not only about fruit in the office or access to EAP). The wellbeing programs are often designed as a holistic solution, and most importantly can be bespoke to an individual. Not everyone may benefit from a stress management seminar, but flexible working arrangements, financial advice, access to subsidised partner offers, and more can make it attractive and, most importantly, very responsive to individual needs.



**Agata Furman**Talent Acquisition Engagement & Marketing Manager, Bupa





#### Communicate your offering with employer branding

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There are many organisations that I come across who are investing in wellbeing, but aren't actually marketing internally, so uptake is low.

When you're having a conversation and somebody's struggling, encourage your managers to proactively point that employee in the direction of the wellbeing support.

You have to have a strategy to drive usage, because if the employee doesn't use it, then they won't attribute any benefit and value to it.

Plus, when communicating the message in market, the best advice I could give is don't just tell potential candidates what you offer. With consent, tell the stories of employees who have used and benefited from it.



Mark Puncher
CEO, Employer Branding Australia

If you've designed a strong EVP that puts employee wellbeing, health and safety at the forefront, then you need to let your current and potential employees know. That's where a clear employee branding strategy comes into play.

In a nutshell, employee branding is all about communicating and marketing your winning company culture, benefits and perks. By harnessing the stories of your team, showcasing the real-world impact of your EVP and showing up consistently across your marketing channels, you'll be able to capture attention and drive awareness of your EVP.

Employee advocacy is so powerful because the message has the most credibility when it's not coming from the brand but from someone who can talk about their own experience....

When we hear about someone being supported and happy at work, we can't help but wonder – can I have it too?



**Agata Furman**Talent Acquisition Engagement & Marketing Manager, Bupa

#### **Action plan**

Develop consistent communications

Establish a consistent message that captures the impact and benefits of your EVP and leveraging this across all of your marketing channels.

Harness employee advocacy

Encourage your team to become brand advocates and share their personal experiences with your company culture with their professional networks and connections on LinkedIn to boost the reach and credibility of your EVP.

Tell a compelling story

Bring your EVP to life with storytelling techniques that harness authentic, real-world examples and testimonials coupled with engaging video content from your team.

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Bringing wellbeing support to life by showcasing real-life examples of how and when employees have accessed support is the best way to communicate this. Storytelling is powerful and messaging needs to be continuous and consistent.



Hannah Pearsall
Head Of Wellbeing & DEI Advocate, Hays UK&I

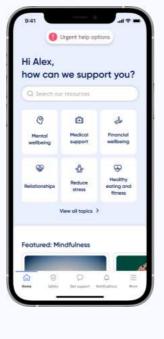


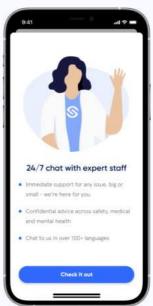
#### **Section 4**

## How Sonder can help

How can Sonder help







Sonder's complete employee care platform can help your business attract and retain talent:

- Tailored self-serve wellbeing resources: From guided meditations to tackle insomnia to courses to support strong time management skills, members can go from assessing their needs to proactively coaching themselves to better health in minutes.
- Expert support 24/7: If employees want to chat through their concerns, Sonder connects them with an expert in seconds via a chat or phone call with a team of responders on-hand for immediate in-person support as needed, too.

With Sonder's preventative care platform, businesses have been able to increase employee engagement and boost retention by empowering their people to actively take control of their wellbeing.



I have only just started to explore it and love everything I'm seeing. I love the preventative nature of the content rather than the offer to help after damage has been done, which is what we have been offered from previous support mechanisms.

Sonder member

#### **Attraction**

Sonder customers are even naming Sonder as a key pillar of their EVP.

<u>Big W, Woolworths, oOh! Media, Aurecon, Penten, Serco, Story House Early Learning, Australian Mining</u> and <u>Boral</u> all use Sonder's early intervention platform to win over candidates on job listings and their careers page.









In our more than 95% female workforce, our commitment to holistic wellbeing and safety is paramount, and Sonder plays a crucial role in this. In the competitive early learning sector, attracting and retaining talent is challenging and costly.

By celebrating our Story House-ers access to Sonder, we significantly strengthen our employee value proposition, confirming our commitment to safety and wellbeing goes beyond words or policies. Offering such valuable and practical support helps us attract and retain talent, ensuring our children have the best Educators in the sector to care for and educate them.

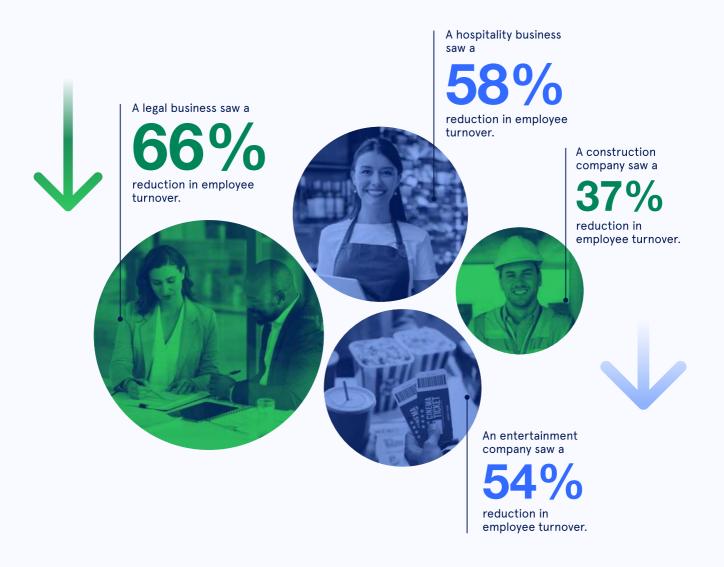


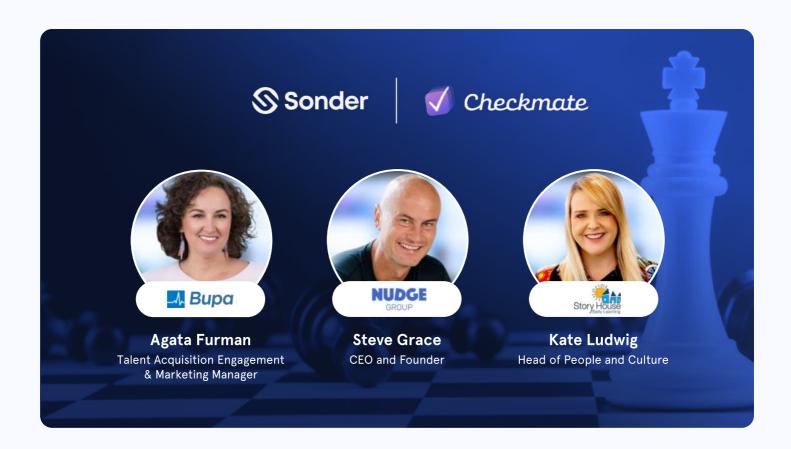
Kate Ludwig
Head of People & Culture, Story House Early Learning



#### Retention

Across all industries, Sonder customers have seen a positive impact on employee retention. Among the employees that use Sonder:

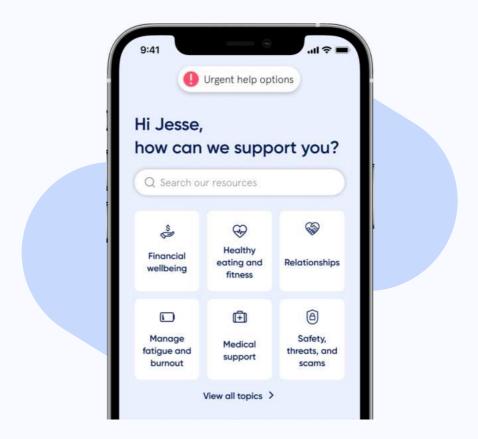




## Discover more tips on strengthening your EVP in our on demand webinar

Agata Furman, Steve Grace and Kate Ludwig share more insights into the current talent and attraction landscape in our webinar. Plus steps you can take today to start creating and communicating an effective EVP.

Watch it here



## Book a demo to see Sonder's features in action

Discover how Sonder's proactive digital services and responsive human support reduces harm, drives early intervention and restores the health and safety of employees.

Book a demo



#### **Trusted by**











#### **Accreditations**



United Kingdom



Australia





New Zealand



New Zealand

